

Legacy Link Menu

December 2019



MONDAY 2	TUESDAY 3	WEDNESDAY 4	THURSDAY 5	FRIDAY 6
Beef Rice Casserole Country Corn Spring Vegetables Whole Grain Roll Chocolate Chip Cookie Milk Margarine Diet-Graham Crackers	Chicken Thigh/Gravy Mixed Beans Harvard Beets Dinner Roll Fresh Fruit Milk Margarine Diet - Same ALTERNATE Grilled Beef Fingers/Gravy	Macaroni & Cheese Blackeyed Peas Collard Greens Cornbread Fresh Banana Milk Margarine Vinegar Diet - Same	Beef w/Mushroom Gravy Twice Whipped Potato Garden Vegetables Dinner Roll Pineapple Tidbits Chocolate Milk Margarine Diet - Same ALTERNATE Chicken Breast/Gravy	Chicken and Dumplings Baby Carrots Green Beans Whole Grain Roll Fresh Fruit Milk Margarine Diet - Same
9	10	11	12	13
Garlic Rosemary Chicken Whipped Potatoes Italian Vegetables Dinner Roll Peanut Butter Cookie Milk Margarine Diet-Graham Crackers ALTERNATE Beef w/Mushroom Gravy	Hamburger Patty Baked Pinto Beans Potato Wedges Lettuce/Tomato/Onion Hamburger Bun Fresh Fruit Chocolate Milk Mustard/Mayonnaise Catsup - 2 Diet - Same ALTERNATE Veggie Burger	BBQ Rib Patty Country Corn Mustard Greens Cornbread Fresh Fruit Milk Margarine Vinegar Diet - Same ALTERNATE Chicken Strips/Gravy	Chicken Supreme Green Peas Parslled Carrots Whole Grain Roll Marble Cake Milk Margarine Cranberry Sauce Diet - Pound Cake	Vegetable Beef Soup Buttered Rice Italian Green Beans Saltine Crackers Cherry Gelatin Milk Margarine Diet - Gelatin ALTERNATE Vegetable Soup
16	17	18	19	20
Meatloaf/Tomato Gravy Cheese Whipped Potato Herbed Green Beans Dinner Roll Oatmeal Cookie Milk Margarine Diet- Vanilla Wafers ALTERNATE Chicken Breast/Gravy	Turkey Ham/White Beans Glazed Carrots Turnip Greens Cornbread Fresh Fruit Milk Margarine Vinegar Diet - Same	Lemon Pepper Chicken Macaroni & Cheese Cabbage Whole Grain Roll Fresh Fruit Milk Margarine Diet - Same ALTERNATE Salisbury Steak	Beef Spaghetti Casserole Mixed Vegetables Tossed Salad Texas Bread Peach Cobbler Chocolate Milk Margarine Ranch Dressing Diet - Peaches	Chicken Fajitas Yellow Rice Black Beans Lettuce/Tomato/Cheese Tortilla Chocolate Chip Cookie Milk Taco Sauce/Sour Cream Diet - Graham Crackers ALTERNATE Beef Taco Meat
23	24	25	26	27
Christmas Pork Loin/Gravy Scalloped Potatoes French Green Beans Amandine Whole Grain Roll Strawberry Cake Strawberry Frosting Milk Margarine Diet - Pound Cake with Strawberries	CLOSED	CLOSED	Sausage/Onion/Peppers Baked Beans Cabbage Hot Dog Bun Sliced Apples Chocolate Milk Mustard/Catsup Diet - Same ALTERNATE Sloppy Joe Meatballs	Beef Chili Baked Potato Broccoli/Cheese Cornbread Fresh Fruit Milk Margarine - 2 Sour Cream Diet - Same ALTERNATE Veggie Chili
30				
New Year's Day Glazed Ham Blackeyed Peas Collard Greens Cornbread Ambrosia Salad Milk Margarine Vinegar Diet - Mix Fruit				

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