



Legacy Link May 2021

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3	4	5	6	7 - Mother's Day
Homestyle Chicken and Rice Corn O'Brien Stewed Tomatoes Dinner Roll Oatmeal Cookie Milk Margarine Diet-Animal Crackers	Hamburger Patty Baked Beans Potato Wedges Lettuce/Tomato/Onion Hamburger Bun Fresh Fruit Chocolate Milk Mustard Ketchup - 2 Mayonnaise Diet - Same ALT: Veggie Burger	Chicken Piccata Parslied Rice Brussels Sprouts Dinner Roll Fresh Fruit Milk Margarine Diet - Same ALT: Beef/Mushroom Gravy	Macaroni & Cheese Blackeyed Peas Collard Greens Cornbread Mixed Fruit Milk Margarine Vinegar Diet - Same	Baked Chicken/Gravy Scalloped Potatoes Baby Glazed Carrots Dinner Roll Frosted Strawberry Cake Milk Margarine Diet - Pound Cake ALT: Chicken with Gravy
10	11	12	13	14
Salisbury Beef Brown Gravy Whipped Potatoes Herbed Green Beans Dinner Roll Chocolate Chip Cookie Milk Margarine Diet- Vanilla Wafers ALT: BBQ Chicken	Glazed Turkey Ham Twice Whipped Potatoes Mixed Greens Cornbread Fresh Fruit Milk Margarine Diet - Same ALT: Salisbury Steak	Honey Baked Chicken Butter Beans Harvard Beets Wheat Bread Fresh Fruit Milk Margarine Diet - Same ALT: Beef/Brown Gravy	Beef Frito Pie Fiesta Rice Mexican Corn Corn Chips Pineapple Tidbits Milk Diet - Same	Chicken Salad Pasta Salad Three Bean Salad Wheat Crackers Fresh Banana Chocolate Milk Diet - Same
17	18	19	20	21
Chicken Pot Pie Country Corn French Green Beans Wheat Bread Fudge Creme Cookie Milk Margarine Diet-Graham Crackers	Beef Patty/Onion Gravy Garlic Whipped Potatoes Summer Vegetables Cornbread Fresh Fruit Milk Margarine Diet - Same ALT: Chicken with Gravy	Lemon Pepper Chicken Lima Beans Okra & Tomatoes Dinner Roll Fresh Fruit Milk Margarine Diet - Same ALT: Meatloaf/Tomato Gravy	Sausage/Onion/Peppers Baked Pinto Beans Cabbage Hot Dog Bun Fresh Fruit Chocolate Milk Mustard Ketchup Diet - Same ALT: Sloppy Joe Meatball	Spaghetti Casserole Green Peas Tossed Salad Whole Grain Roll Hot Spiced Apples Milk Margarine Ranch Dressing Diet - Same
24	25	26	27	28
Meatloaf/Tomato Gravy Whipped Potatoes Peas & Carrots Wheat Bread Peanut Butter Cookie Milk Margarine Diet- Vanilla Wafers ALT: Honey Mustard Chicken	Chicken Noodle Casserole Mashed Spiced Yams Italian Green Beans Cornbread Fresh Fruit Milk Margarine Diet - Same	BBQ Pork Baked Beans Coleslaw Hamburger Bun Peach Cobbler Chocolate Milk Diet - Peaches ALT: Sloppy Joe	Oven Fried Chicken Northern Beans Spring Vegetables Wheat Bread Fluffy Fruit Salad Milk Margarine Diet - Mix Fruit ALT: Glazed Turkey Ham	Sliced Turkey Breast Swiss Cheese Lettuce/Tomato Pasta Salad Wheat Bread - 2 Fresh Fruit Milk Mayonnaise Mustard Diet - Same
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