

# LEGACY LINK MENU

JUNE 2019



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p>3 Chicken Tetraxini Country Corn Green Beans Whole Grain Roll Fudge Creme Cookie Milk   Margarine Diet - Graham Cracke</p>	<p>4 Beef Italiano Delmonico Potatoes Mixed Vegetables Wheat Bread Marble Cake Milk   Margarine Diet - Pound Cake ALT: Chicken Strips Chicken Gravy</p>	<p>5 Macaroni and Cheese Black-eye Peas Turnip Greens Cornbread Strawberry Gelatin Milk Margarine   Vinegar Diet - Gelatin</p>	<p>6 Meatballs with Gravy Baked Potato Broccoli with Cheese Whole Grain Roll Fluffy Fruit Salad Milk   Margarine Sour Cream Diet - Fruit Cocktail ALT: Baked Chicken</p>	<p>7 Cranberry Dijon Chicken Parslied Rice Brussels Sprouts Wheat Bread Fresh Fruit Chocolate Milk Margarine Diet - Same ALT: Beef with Mushroom Gravy</p>
<p>10 Meatloaf Brown Gravy Whipped Potatoes Peas and Carrots Wheat Bread Peanut Butter Cookie Chocolate Milk Margarine Diet - Vanilla Wafers ALT: Honey Mustard Chicken</p>	<p>11 Chicken Supreme Mashed Spiced Yams Italian Green Beans Whole Grain Roll Fresh Fruit Milk   Margarine Cranberry Sauce Diet - Same</p>	<p>12 Beef Strips/Gravy Whole Kernel Corn Collard Greens Cornbread Orange Gelatin Milk   Margarine Vinegar Diet - Gelatin ALT: Lemon Pepper Chicken</p>	<p>13 Oven Fried Chicken Thigh Northern Beans Spring Vegetables Wheat Bread Peaches/Pears Milk   Margarine Diet - Same ALT: Grilled Pork/Gravy</p>	<p>14 Father's Day Meal Pork Loin Brown Gravy Au Gratin Potatoes Turnip Greens Cornbread White Cake Chocolate Frosting Milk   Margarine Vinegar Diet - Pound Cake</p>
<p>17 Homestyle Chicken and Rice Corn O'Brien Parmesan Tomatoes Whole Grain Roll Chocolate Marshmallow Pie Milk   Margarine Diet - Animal Crackers</p>	<p>18 BBQ Rib Patty Field Peas Mixed Greens Cornbread Fresh Fruit Milk   Margarine Vinegar Diet - Same ALT: Smothered Chicken</p>	<p>19 Beef and Bow Tie Casserole Green Peas Glazed Carrots Wheat Bread Lemon Cake Milk Margarine Diet - Pound Cake</p>	<p>20 Lemon Pepper Chicken Thigh Cheesy Whipped Potatoes French Green Beans Whole Grain Roll Fresh Fruit Milk   Margarine Diet - Same ALT: Meatloaf/Tomato Gravy</p>	<p>21 Hamburger Patty Potato Wedges Coleslaw Lettuce/Tomato/Onion Hamburger Bun Peach Cobbler Chocolate Milk Mustard   Ketchup (2) Diet - Peaches ALT: Veggie Burger</p>
<p>24 Salisbury Beef Brown Gravy Whipped Potatoes Parslied Carrots Whole Grain Roll Chocolate Chip Cookie Milk   Margarine Diet - Vanilla Wafers ALT: Savory Chicken</p>	<p>25 Sausage/Onions/ Peppers Baked Pinto Beans Cabbage Hot Dog Bun Fresh Fruit Chocolate Milk Catsup   Mustard Diet - Same ALT: Sloppy Joe Meatballs</p>	<p>26 Honey Baked Chicken Succotash Herbed Green Beans Wheat Bread Fresh Fruit Milk   Margarine Diet - Same ALT: Beef Fingers/Gravy</p>	<p>27 Spaghetti Casserole Green Peas Tossed Salad Whole Grain Roll Hot Spiced Apples Milk   Margarine Ranch Dressing Diet - Same</p>	<p>28 Chicken Salad Pasta Salad Three Bean Salad Wheat Crackers Fresh Banana Milk Diet - Same</p>
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